

Newsletter January- February 2021

2021 has begun and we are happy to be back after the festive period. The start of this term has been a little bit different for the staff team, but we are continuing to work hard to make the nursery a safe and stimulating place for the children. Thank you for all your kind words and helping by following the guidance we sent out. It is very much appreciated.

Important Dates:

- Nursery closed on Friday 2nd
 April until Monday 12th April.
- Monday 4th May Nursery closed for Bank Holiday
- Monday 31st May Nursery closed for Bank Holiday
- Nursery closed Monday 23rd
 August until Tuesday 31st
 August.

All My Own Work Fundraiser

Thank you to all those who ordered items before Christmas. We raised a fabulous £116.26. We were able to buy a kitchen for the outside area, which all the children are enjoying exploring.



My Interests and Achievements Sheets

If you have had one of these, please could you return them to your key person as soon as possible.

Thank You.

Nursery Telephone Number:

01865 377 844

This term in Butterflies

This term our theme is Nursery Rhymes.

We have begun by focusing on the nursery rhymes Baa Baa Black Sheep and Incy Wincy Spider.

The next few weeks will see us looking at Old MacDonald, Twinkle, Twinkle Little Star and the Wheels on the Bus.

We will have lots of music and sound making opportunities as well as dancing and movement games.





This term in Bumble Bees

This terms theme is Fairy Tales and Traditional Stories.

The children started the term by looking at some nursery rhymes and enjoyed making their own books. Last week they focused on the story of the 3 Billy Goats Gruff. They made bridges for the goats to cross and a lovely display with goats and a troll!

The next few weeks will see them reading the 3 Little Pigs and the Gingerbread Man and Goldilocks.

They will then celebrate Chinese New Year and learn all about this festival and the different traditions it holds.





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Wellbeing

We understand that the last 10 months have been very different and for some this will have caused our wellbeing to suffer. We know many of you are dealing with working from home, home-schooling and not being able to see family members.

Here are ten top tips for staying mentally well:

- 1. Have a daily structure
- 2. Get regular daily exercise, preferably outside
- 3. Maintain your sleep routines
- 4. Try to eat a healthy diet and get support if you are in financial crisis
- Keep in contact with friends, family and loved ones online or on the telephone, where possible
- 6. Make time for enjoyable activities, relaxation, self-care
- Restrict media and social media that increases a sense of despair and helplessness
- Cultivating an attitude of gratitude can help improve mental health and may be even more important during times of significant challenge as a result of Covid-19.
- Have hope: it will not solve our problems or make them go away, but it can give us the motivation to keep going when times are difficult
- Contact helplines to get support if you need it. Oxfordshire Mind 01865
 247788 or Charlie Weller Trust.



The children will be receiving Bookstart packs in the next few days. Please enjoy sharing the story with them and the activity ideas.

Home Learning Ideas

Making musical Instruments – have a go at making a shaker with an empty bottle and some dried rice or pasta. Younger children will enjoy exploring the sounds by shaking it fast and slow. For older children try making sets of two shakers the same and see if they can match the sounds. This is an early phonics skill and will enable them to practice distinguishing between sounds.

Or just have a good sing-song. All the children take part in singing times daily so ask them what their favourite song is!



Our World Map

We have recently put up a large world map up on the wall. We would like to show the children where our nursery community families all come from by adding photographs of the children to the map.

If you have or any family members live in a different country then please let us know. Or if the children have visited a different country. We would love to add you or them to our map and talk with the children about different countries and languages. Please email us or talk to your key person. Any photographs of family members are also welcomed and can be emailed to us. Thank you.



